

Outpatient Hospital Colonoscopy Order

Mercy Medical Center

Aultman Hospital

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Please note: Please bring this form with you the day of your procedure. Please give a 48 hour notice of cancellation if at all possible.

Patient Name _____ Age _____ DOB _____
Procedure _____ Procedure date _____ Time of Arrival _____
Endoscopist _____ Referring MD _____ Diagnosis _____
Cardiologist _____

Scheduler Check List:

CHF/Heart Stents/MVP	_____	Spoke with patient	_____
Heart Valve Replacement	_____	Scheduler	_____
Metal Valve/Pig Valve	_____	Prep Given	_____
Defibrillator/Pacemaker	_____	Appt. in computer	_____
Kidney Disease	_____	Insurance	_____
Joint Prosthesis	_____		
Diabetic	_____		

ABOUT THE COLONOSCOPY:

Your doctor has determined that you need to have an examination of part of your digestive system with a flexible scope. The test itself takes approximately 15- 20 minutes. However the entire process takes approximately two hours. When you arrive at the facility, the nurses will have you dress in a gown, place an intravenous line, and ask you about your health history. You will also sign a consent form allowing your doctor to perform the procedure. The nurse will give you medications through your intravenous line that will help you sleep during the procedure. During the test, the doctor will need to inflate your colon with air. This may cause mild discomfort. Polyps or biopsies may be taken from your bowel and will be sent to a lab for testing. This **WILL NOT** cause you any pain. These biopsy results can take up to 10 days to be processed and the results returned to us. [Click here for link to results](#). After the exam, the doctor will talk to you and your family to discuss the findings and give you recommendations for further testing or treatment for your condition. In the recovery area, you may feel “bloating” and you will be encouraged to pass gas and it is **NORMAL** for you to not have a bowel movement until several days later. After the recovery period, you will be discharged home.

It is essential that you call your insurance company today and ask if this procedure needs precertification. Please call our office at 330-305-2020 Ext 435 only if precertification is necessary. We will then call your carrier to get the precertification prior to the procedure.

Please read instructions carefully **10 days** before your scheduled procedure and follow exactly. Please call with any questions at 330-305-2020.

Colonoscopy Instructions

Preparation before the exam: For the entire day before your colonoscopy, you will need to follow a clear liquid diet only. You can only have liquids you can see through. You can **NOT** have milk, creamer, creamed soups, red, orange or purple liquids. **Please see the clear liquid sheet on the back of this form.**

-STOP all Advil, Aleve, Celebrex, Ibuprofen, Lodene, Motrin, Relafen, Ticlid, Tylenol, Vioxx, or other anti-inflammatory medication **3 DAYS** before your colonoscopy:

-STOP all Aspirin & Plavix **1 WEEK** before your colonoscopy after we inform you that we obtained cardiac clearance. Also discontinue all herbs and iron supplements.

-STOP all Coumadin, Warfarin and Pradaxa for **4 DAYS** before your colonoscopy after we inform you that we obtained cardiac clearance.

-Do NOT take fiber supplements such as Metamucil, Benefiber or any other bulking agent for **2 days** before your exam.

-Do NOT eat seeds or nuts for **1 week** before your exam.

-The day before you exam you will drink your prescribed laxative as directed. Your prep will cause multiple bowel movements and you must stay within easy reach of a bathroom. Please make sure that you **drink plenty of fluids** to stay hydrated.

-You can NOT have ANYTHING to eat or drink after midnight.

The only medication you will take the morning of your procedure is heart, blood pressure and seizure disorder medication with a sip of water. You may use inhalers.

-Bring a list of ALL of your allergies and medications. Include the doses and when you take them.

- Insulin dependent diabetics: Take half your insulin in AM day of procedure. You may bring the other half with you for after the procedure unless otherwise instructed by your primary care physician. When on clear liquids, check your blood sugar several times throughout the day. If your sugar drops while drinking the prep, use instant glucose which can be purchased at your pharmacy. While trying to bring your sugar back up, stop the prep. When sugar is back up, you can resume the prep.

- Diabetics on oral medication: Do not take any of your diabetic medication until after your procedure when you can go home and eat.

-You will need a responsible adult to drive you home after the exam. If you do not have someone to drive you home, the exam will be cancelled.

-Do not plan on doing any activity that requires good judgment, mental alertness, or coordination for 24 hours after the exam.

-If you have severe pain, fever, vomiting, rectal bleeding, or any concerns after your exam, please call your doctor at 330-305-2020 or go to the emergency room.

*****Remember*****

Your colonoscopy is only as good as your prep! Follow the prep instructions EXACTLY!

Clear Liquid Diet

You will need to be on a clear liquid diet for your colonoscopy procedure.

Foods Allowed

Apple Juice

Coffee (decaffeinated or regular) No Creamer.

Clear Broth (No pieces of meat or vegetables)

Clear Pop/Soda/Carbonated Drinks

Clear Hard Candy

Honey

Jell-o (No red, orange, or purple colors. Limit to 3 small bowls)

Lemonade

Popsicles (No red, orange, or purple colors.)

Sugar

Salt

Syrup (Clear)

Tea (decaffeinated or regular) No Creamer

Water

White Grape Juice

Foods NOT Allowed

Beer

Breads/Grains

Cranberry Juice

Fats

Jell-o with fruit

Juice that contains pulp

Meat

Milk or milkshakes

Seeds/Nuts

Soup with meat or vegetables

Vegetables

Wine