

After the procedure: Your stomach may be slightly distended or “gassy” and your throat may be sore. The doctor will discuss his findings with you. If you brought x-ray films with you, these will be given back to you to return to the appropriate department at your convenience.

It is essential that you call your insurance company today and ask if this procedure needs precertification. Please call our office at 330-305-2020 Ext 435 only if precertification is necessary. We will then call your carrier to get the precertification prior to the procedure.

Please read instructions carefully 10 days before your scheduled test and follow exactly. Please call 330-305-2020 with any questions.

Endoscopic Retrograde Cholangiopancreatography (E.R.C.P.) **Instructions**

Do not eat or drink anything after midnight before the exam.

Please bring your CT and/or X-ray films with you the day of your procedure.

-**STOP** all Advil, Aleve, Celebrex, Ibuprofen, Lodene, Motrin, Relafen, Ticlid, Tylenol, Vioxx, or other anti-inflammatory medication **3 DAYS** before your endoscopy:

-**STOP** all Aspirin & Plavix **1 WEEK** before your endoscopy after we inform you that we obtained cardiac clearance. Also discontinue all herbs and iron supplements.

-**STOP** all Coumadin, Warfarin and Pradaxa for **4 DAYS** before your endoscopy after we inform you that we obtained cardiac clearance.

-The day BEFORE your procedure you MUST drink plenty of fluid to stay hydrated.

- **Insulin dependent diabetics:** Take half your insulin in AM day of procedure. You may bring the other half with you for after the procedure unless otherwise instructed by your primary care physician. When on clear liquids, check your blood sugar several times throughout the day. If your sugar drops while drinking the prep, use instant glucose which can be purchased at your pharmacy. While trying to bring your sugar back up, stop the prep. When sugar is back up, you can resume the prep.

- **Diabetics on oral medication:** Do not take any of your diabetic medication until after your procedure when you can go home and eat.

The only medication you will take the morning of your procedure is heart, blood pressure and seizure disorder medication with a sip of water. You may use inhalers.

-**Bring a list of ALL of your allergies and medications. Include the doses and when you take them.**

-You will need a responsible adult to drive you home after the exam. If you do not have someone to drive you home, the exam will be cancelled.

-Do not plan on doing any activity that requires good judgment, mental alertness, or coordination for 24 hours after the exam.

-Biopsies may be taken during your E.R.C.P. and sent out for analysis. The results can take up to 10 days to be processed and the results returned to us.

-If you have severe pain, fever, vomiting or any concerns after your exam, please call your doctor at 330-305-2020 or go to the emergency room.