

**Mercy Medical Center**  
1320 Mercy Dr., N.W.  
Canton, Ohio 44708

**Nabil Fahmy MD**

**Please note:** Please report to the GE Unit on the first floor of the Medical Center. Please bring this form with you the day of your procedure. Please give a 48 hour notice of cancellation if at all possible.

Patient Name \_\_\_\_\_ Age \_\_\_\_\_ DOB \_\_\_\_\_  
Procedure \_\_\_\_\_ Procedure date \_\_\_\_\_ Time of Arrival \_\_\_\_\_  
Endoscopist \_\_\_\_\_ Referring MD \_\_\_\_\_ Diagnosis \_\_\_\_\_  
Cardiologist \_\_\_\_\_

**Scheduler Check List:**

|                         |       |                    |       |
|-------------------------|-------|--------------------|-------|
| CHF/Heart Stents/MVP    | _____ | Spoke with patient | _____ |
| Heart Valve Replacement | _____ | Scheduler          | _____ |
| Metal Valve/Pig Valve   | _____ | Prep Given         | _____ |
| Defibrillator/Pacemaker | _____ | Appt. in computer  | _____ |
| Kidney Disease          | _____ | Insurance          | _____ |
| Joint Prosthesis        | _____ |                    |       |
| Diabetic                | _____ |                    |       |

**ABOUT THE ENDOSCOPIC ULTRASOUND:**

Your doctor has requested that you have a procedure known as an EUS. This endoscopic ultrasound procedure allows the doctor to look directly at the lining of the upper gut with ultrasound, while showing the structures beneath the lining. This is done using an ultrasound scope; this is a long flexible tube (thinner than your little finger) with a light at the end. Prior to the procedure you will be asked to remove all dentures and facial and tongue piercings. The scope is passed into the mouth and down the esophagus and stomach into the duodenum. There is also a rectal EUS procedure that is performed via the rectum. The procedure may cause a little discomfort and is performed under a conscious sedation. It can take between 10 and 20 minutes, but if it takes longer, you should not worry. The entire process takes approximately two hours. Sometimes tissue or fluid samples are taken by passing a small needle through the scope to obtain the samples which are then sent for analysis. These biopsy results can take up to 10 days to be processed and the results returned to us. [Click here for link to results.](#) After recovery, you will be discharged home.

It is essential that you call your insurance company today and ask if this procedure needs precertification. Please call our office at 330-305-2020 Ext 435 only if precertification is necessary. We will then call your carrier to get the precertification prior to the procedure.

**Please read instructions carefully 10 days before your scheduled procedure and follow exactly. Please call with any questions at 330-305-2020.**

### **Endoscopic Ultrasound (EUS) Instructions**

**Please bring your CT and/or X-ray films with you the day of your procedure.**

**-STOP all Advil, Aleve, Celebrex, Ibuprofen, Lodene, Motrin, Relafen, Ticlid, Tylenol, Vioxx, or other anti-inflammatory medication 3 DAYS before your endoscopy:**

**-STOP all Aspirin & Plavix 1 WEEK before your endoscopy after we inform you that we obtained cardiac clearance. Also discontinue all herbs and iron supplements.**

**-STOP all Coumadin, Warfarin and Pradaxa for 4 DAYS before your endoscopy after we inform you that we obtained cardiac clearance.**

**-During the day BEFORE your procedure you MUST drink plenty of fluid to stay hydrated.**

**The only medication you will take the morning of your procedure is heart, blood pressure and seizure disorder medication with a sip of water. You may use inhalers.**

**-Bring a list of ALL of your allergies and medications. Include the doses and when you take them.**

**- Insulin dependent diabetics:** Take half your insulin in AM day of procedure. You may bring the other half with you for after the procedure unless otherwise instructed by your primary care physician. When on clear liquids, check your blood sugar several times throughout the day. If your sugar drops while drinking the prep, use instant glucose which can be purchased at your pharmacy. While trying to bring your sugar back up, stop the prep. When sugar is back up, you can resume the prep.

**- Diabetics on oral medication:** Do not take any of your diabetic medication until after your procedure when you can go home and eat.

### **Preparation for Endoscopic Ultrasound (EUS)**

**ESOPHAGEAL and PANCREATIC EUS: Do not eat or drink anything after midnight before the exam.**

**See the following page for Rectal EUS Preps**

**RECTAL EUS:** Do not eat or drink anything after midnight before the exam.

**You must follow the Rectal EUS Prep checked below:**

Two Fleet enemas one hour before leaving home

Use colon prep – See attached colon prep instructions

**EUS for Diabetic Patients:** Nothing by mouth after midnight the night before your procedure except for a clear liquid breakfast that morning before 7:00 a.m. **Nothing at all to eat or drink after 7:00 a.m.**

Insulin dependent: Take half of your usual a.m. dose of insulin and bring the rest with you to the hospital.

Oral diabetic medication: Do not take any of your diabetic medications that morning. Just bring it with you to the hospital.

**-You will need a responsible adult to drive you home after the exam. If you do not have someone to drive you home, the exam will be cancelled.**

**-Do not plan on doing any activity that requires good judgment, mental alertness, or coordination for 24 hours after the exam.**

-If you have severe pain, fever, vomiting or any concerns after your exam, please call your doctor at 330-305-2020 or go to the emergency room.